



# OUR TOWN

A Digital Newsletter from the Town of Dover, MA

## Welcome to the JULY Issue of OUR TOWN

This summer has finally arrived, and we are excited to report that the construction of the community center is well underway and taking shape! The Recreation Department, Council on Aging, and Dover Library are offering a wide variety of town programs for residents to enjoy this summer. These programs are detailed in the current newsletter, so be sure to check it out. Dive into this month's newsletter to stay informed about the latest town projects and get an inside look at the town's ongoing initiatives. Happy reading!

If you are part of a Town Department/  
board/committee/commission and would like to  
submit content for the June issue, please contact  
[newsletter@doverma.gov](mailto:newsletter@doverma.gov)

## SIGN UP FOR THE NEWSLETTER



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**VOL. 3, NO. 7, JULY 2024**

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### **WHAT'S IN THIS MONTH'S ISSUE...**

#### **Community Center Update**

#### **Town Departments**

- **Conservation**
- **Library**
- **Council on Aging**

#### **Boards and Committees**

- **Recycling Committee**
- **Conservation**
- **Open Space  
Committee**
- **Volunteer**



# Community Center Construction Update

Since our last update, we've had the biggest progress to date. With the structural steel and Pavilion slabs complete, the building envelope and interior trades were mobilized. The Pavilion building is now fully enclosed, and you can get a sense of what the open Community Room will feel like with the exposed wood roof panels, steel, cathedral high ceilings, and natural light from the light box. At the gym, the rough plumbing and electrical is complete. Roofing is well underway. At the 1910 building and the connector, the underground electrical and plumbing systems have been completed and the new concrete slabs were placed. This will allow interior framing followed by the rough electrical and plumbing, and HVAC activities to begin. Upcoming milestones include completion of the roofs and window installations. The site underground utility activities will commence after the July 4th holiday.



Gym and electrical room



Gym Progress



Second Floor Landing



Pavilion progress



1910 and connected second floor



Pavilion Interior

# Community Center Construction Cont.

The project team is currently tracking for substantial completion in late November. This is when the building will be turned over to the Town and move in can begin. Final completion, when non-life safety items are completed, is anticipated by the end of January.

## Community Center Schedule

- July '23 – Construction Start
- December '24 – Substantial Completion – [Turnover to Town/Move in](#)
- January '25– End of Close-out



## Recycling Committee

### Exciting changes are coming to the Transfer Station!

#### Metal Cans and Containers

- All small metal and non-deposit aluminum cans and containers will now be recycled at the large metal bins located at the far end of the Transfer Station beyond the trash compacters.
- All redeemable cans should be placed in the deposit shed so they can be returned for cash. Our deposit cans produced \$10,000 of revenue last year which goes toward enhancing the offerings of the Transfer Station.
- Aluminum cans are infinitely recyclable, and they often end up on shelves as a new beverage can within about 60 days.
- Aerosol containers, like bug and sunscreen sprays, are NOT recyclable. Put empty aerosol containers in the trash.

#### Paint

- Interior and exterior latex paint collection and swap will begin soon. Cans must be at least  $\frac{1}{2}$  full and likely to be reused. Watch for the new shelving in the swap shop.
- Oil-based alkyd paint, creosote and turpentine which must be disposed at a Household Hazardous Waste Collection Day sponsored by a local community in our consortium.

#### Cardboard

- The town is exploring installing a cardboard baler.
- Cardboard boxes must be knocked down and flattened before placing in the baler.

# Conservation Commission

**Join Us in Helping to Protect the Charles River!**

**Volunteer for the Charles River Invasives Removal Project in Dover,  
Saturday, July 13th, 9 AM-12 PM**



The Conservation Commission encourages residents to help protect the Charles River by joining in this family-friendly effort sponsored by the Charles River Watershed Association to remove invasive plants from the Red Wing Bay area of the river in Dover. The need to remove invasive plants from the river is needed now more than ever and the Commission has reviewed and approved this project. Fast-growing, non-native aquatic plants such as water chestnuts outcompete native species in the river and quickly overtake the river's ecosystem. Invasive species reduce biodiversity, degrade water quality, impede flood resilience and destroy wildlife habitat. This is only getting worse with climate change - increased precipitation and extreme heat result in more stormwater pollution, excess nutrients and warmer water temperatures that cause rampant invasive species growth and native plant communities to suffer. For questions about this effort and to volunteer please contact Ryan Smith at the Charles River Watershed Association at [rsmith@crwa.org](mailto:rsmith@crwa.org) or 781-361-3356.

The Conservation Commission is responsible for preserving and protecting the Town's wetlands and open space. If you're planning a construction project or tree cutting and you think there may be wetlands on or near your property, please contact the Commission office before starting any work by calling 508-785-0032 extension 7 or emailing us at: [lhagerty@doverma.gov](mailto:lhagerty@doverma.gov).

# Dover Town Library

## Summer Fun Fair

Tuesday, July 23rd - 11:00 AM–1:00 PM - Library Lawn

Join us on the library lawn for our annual fun day of games, food, and prizes! This year the hilarious Mr. Vinny the Bubble Guy will entertain us with big, giant, beautiful bubbles.

All ages. No registration needed.



## Building Basic Circuits With RI Computing Museum for Teens and Tweens

Tuesday, July 16 3:30–5:30 PM Community Room Dover Town Library

This workshop aims to explain basic circuits and instructions on how to build a simple traffic light. You will learn programmable electronics and receive instructions for making lights blink, sounds, and a lot more. We'll take time to learn about interactive software titled "Arduino". If you are a gadget geek, science nerd, budding engineer, or just plain electronics-obsessed, come join us! For ages 10 to 17 years old. Registration required.

## Caterpillar Lab

Monday, July 8th - 2:00 PM–5:00 PM

Community Room, Dover Town Library

The amazing Caterpillar Lab joins the library for a 3-hour open house filled with caterpillars! We welcome visitors of any age at any time during the event.

No Registration Required



## The Unfortunate Passing of Pliant McTwist: A Murder Mystery Escape Room

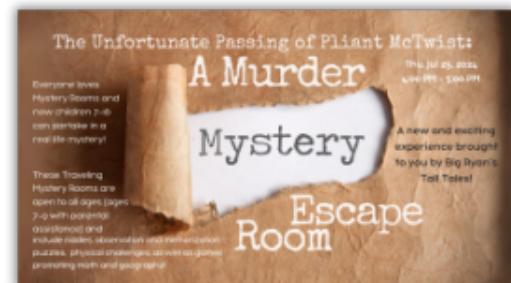
Thursday, July 25 - 4:00–5:00 PM

Community Room, Dover Town Library

Everyone loves Mystery Rooms and now children 7-16 can partake in a real life mystery!

The Unfortunate Passing of Pliant McTwist:

A Murder Mystery Escape Room hosted by Big Ryan's Tall Tales, is coming to Dover Town Library. It includes riddles, observation and memorization puzzles, physical challenges, as well as games promoting math and geography! Registration required.



# Council on Aging



Dover Council on Aging invites you to our upcoming programs.

You can check out the July/August COA Newsletter with our full slate of programs.

Some July highlights are below. Sign up for programs by emailing [coa@doverma.gov](mailto:coa@doverma.gov) or by using our Online COA Program Sign-Up Form.



## COA LUNCHEON

Tuesday, July 9, 12:00-1:30pm

Dover Legion, 32 Dedham St

Cost: \$5.00

The Legion's new spot, The Post Dover, will host seniors for our July Luncheon. Join the COA and friends for lunch upstairs. Pre-orders required when signing up. Choose from: 2 Hot Dogs, BLT with Mayo, Chicken Salad Sandwich, or Caprese Sandwich. All meals come with fries, fruit salad, dessert and drinks. RSVP by July 3.



## UNITY FARM SANCTUARY TOUR

Friday July 12, 10:00am

17 Unity Lane, Sherborn

followed by lunch at Morse Tavern

Transportation provided

Cost: Farm Tour is FREE, bring money for lunch

Unity Farm Sanctuary is a farmed animal sanctuary in Sherborn MA, offering a forever home to over 250 residents of many domesticated species such as horses, goats, cows and more. Join the COA for an hour-long tour through the beautiful sanctuary grounds. Meet rescued farm animal residents and learn more about their stories, reflecting the diverse plights of farm animals worldwide. Get to know their unique personalities and see the power of love, compassion, and kindness firsthand! The walking tour is not a long distance and is flat on dirt and gravel. Benches offer spots to rest. This tour will happen in misty rain to shine. After the tour, enjoy lunch at Morse Tavern in Natick. Sign up by July 9.



## PADDLE AT FARM POND

Wednesdays, July 17 & 31, 4:30-6:00pm

Sherborn Yacht Club at Farm Pond

Get out on the water and have some fun with friends from Dover and Sherborn COAs! Enjoy a summer day on the pond in a kayak or canoe. Instruction and water safety guidance will be offered.

Spots are limited, so sign up in advance.

## LOCAL FOOD TRIVIA

Thursday, July 25, 11:00am-12:00pm

Community Room, Dover Town Library, 56 Dedham St

Presented by Therapy Gardens

Hermits. Johnnycakes. Moxie. We've compiled a list of some of your favorite regional foods, brands, and companies from yesteryear to today, including where they were created and sold. Join us as we present them Jeopardy-style and put your local knowledge to the test! Keep score (like Bingo) and enter for the chance to spin and win a prize on our famous Prize Wheel. Or just come hang out and have a great time.

COA Fitness classes are in person, virtual or both (hybrid). Contact the COA to sign up and to receive Zoom meeting info. Class fees are \$3.00 per session. Stay Healthy and Keep Moving!

Summer Fitness Schedule:

Tuesdays - Mindful Movement with Laura - 7:15-8:15am (Zoom Only)

Tuesdays - Stretch and Flow with Andria - 4:30-5:25pm (Zoom Only)

Wednesdays - Core & Balance with Sophia - 9:30-10:30am (St. Dunstan's and Zoom)

Thursdays - Mat Yoga with Tracy - 9:30-10:20am (St. Dunstan's and Zoom)

Thursdays - Chair Yoga with Tracy - 10:30-11:20am (St. Dunstan's and Zoom)

Thursdays - Strength & Stability with Andria - 4:30-5:25pm (Zoom Only)

Fridays - Senior Water Aerobics - 9:30-10:30am (Kingsbury - \$5 class fee with your COA key tag)

## Open Space Committee

**2nd Saturday Stroll in Caryl Park to Caryl House**

**Saturday, July 13 • 10am - 12pm EDT**

**\*\*\* Free but Pre-registration is Required \*\*\***



Enjoy an easy stroll through the gentle woodland trails in Caryl Park and then get a special tour of Rev. Caryl's 1774 house, courtesy of the Dover Historical Society. Caryl Park (83 acres) was donated to the Town of Dover by George E. Chickering in 1917. In addition to its trails that connect to the Trustees' Noanet. Woodlands also contain a playground, tennis courts, and playing fields. The Caryl House remains a jewel from another era - and so, obviously, does not have air conditioning. We will have some lemonade to quench our thirsts while we enjoy its kitchen garden. Walks will not be too strenuous, but parts will be over uneven or wet ground, so wear appropriate footwear. Bring water, walking sticks, binoculars, and cameras, as well as sunscreen and bug/tick repellent. Sorry, no dogs on this walk. Kids welcome! We will stroll in misty rain to shine. To Register, please go to: <https://bit.ly/45CiXPI>

# Dover-Sherborn Athletics

**DSHS Athletics had a great Spring 2024 season! Here are our final records, league champions, and post season recaps:**

Girls Tennis: 16-3 overall record, TVL Small Champs, MIAA D3 Elite 8 Appearance,

Boys Tennis: 16-3 overall record, TVL Small Champs, MIAA D3 Elite 8 Appearance

Girls Lacrosse: 12-10 overall record, TVL Small Champs, MIAA D3 Sweet 16 Appearance,

Boys Lacrosse: 11-9 overall record, TVL Small Champs, MIAA D3 Sweet 16 Appearance,

Baseball: 13-9 overall record, MIAA D3 Sweet 16 Appearance.

Softball: 2-14 overall record

Sailing: 3-4-1 overall record

Girls Track and Field: 2-3 overall record, TVL Sportsmanship Award, placed 23rd at MIAA D5 State Championships

Boys Track and Field: 4-1 overall record, TVL Sportsmanship Award, placed 13th at MIAA D5 State Championships

## **Congratulations to our 2024 Senior Athletic Award Winners at Senior Awards Night:**

Raider Athletes of the Year: Brian Olson and Caetlyn Embree (Awarded to the strongest three sport senior student athletes) Student Athletes of the Year: Dylan Rogers and Drew Hussar (Awarded to the strongest senior student athlete)

## **Congratulations to our 11 senior student athletes playing sports in college next year:**

Class of 2024 Athletic College Commitments:

Female:

1. Lilly Stocks, Northeastern University, Women's Soccer, D1
2. Erica Hills, Hamilton College, Women's Basketball, D3
3. Tessa Broderick, Middlebury College, Women's Soccer, D3
4. Drew Hussar, MIT, Field Hockey, D3
5. Sasha Ceol, MIT, Women's Soccer, D3
6. Caetlyn Embree, Women's Soccer & Track & Field WPI, D3

Male:

1. Matt Rooney, George Washington University, Men's Track & Field, D1
2. Brian Olson, Middlebury College, Baseball & Football, D3
3. Tim Hill, Gettysburg College, Golf, D3
4. Emilio Cabey, Fitchburg State, Football, D3
5. Alex Rapo, Babson College, Men's Soccer, D3



Congratulations to senior sailing captain, Kylie Craig, who was named the Hometown Weekly Student Athlete of the Month for June!

# Parks and Recreation & Town Library

## DOVER SUMMER CONCERT SERIES

kids activities provided by **knucklebones**

**TUESDAYS IN JULY ON THE TOWN GREEN**

**JULY 9TH  
@ 6:30PM  
WITH KONA ICE**



**GROUP THERAPY**

**JULY 23RD  
@ 6:30PM**



**JULY 16TH  
@ 6:30PM**



**JULY 30TH  
@ 6:30PM  
WITH KONA ICE**



Brought to you by Dover Parks and Recreation & Dover Town Library

# Volunteer on a Board or Committee

Participating in community service has numerous benefits, such as enjoying government service and engagement, understanding the process of municipal government, building personal relationships, meeting interesting people of all ages, and achieving accomplishments for citizens.

Dover's boards, commissions, and committees are made up of citizens who volunteer their time to help the town. They work together to address complex issues and recommend policies that shape our community. Dover's By-laws (Town Code) establish these groups. We offer various opportunities for interested individuals to participate. Terms vary from one to five years. Some committees require specific expertise. Some committees have associate members. Vacancies on full committees are typically filled from the pool of associates. If you would like to serve on a board or committee, please visit the following link:

<https://www.doverma.gov/596/Volunteer-on-a-Board-or-Committee>



## Quick Links

- Interested in serving on a volunteer board/committee/commission? Click to learn about the process and vacant positions. [LEARN MORE](#)
- Register for the Community Center Club [LEARN MORE](#)

**Click below to stay updated on Town news**

